

Blue - shown the grill, seared on the outside barely warm on the inside Rare warming up - juicy, bright red centre - seared outside Medium Well - Colour not so attractive - hints of grey, still juicy Well Done! Thoroughly cooked - grey brown - no juices to speak of

**Medium Rare** Hot centre - juicy pink **Medium** Still juicy - hint of pink



all our dishes are freshly prepared on the premises from carefully sourced premium ingredients we just thought you would like to know

**SOUP OF THE DAY CALENDAR**

- SUN**  
Cream of Garden Vegetable (G)(V)
- MON**  
Chicken and Sweetcorn (G)
- TUES**  
Curried Parsnip (V)(G)
- WED**  
Cream of 2 Celeries (V)(G)
- THURS**  
Garden Pea & Mint (V)(G)
- FRI**  
Leek & Potato (V)(G)
- SAT**  
Tomato & Bell Pepper (V)(G)

**Soup & Side Salad Combo** £6.50  
Today's soup with any side salad

**sandwiches**

Available 12 - 6pm

**Grill Room Club Sandwich**  
Roasted chicken, bacon, mature cheddar on toasted white bread with mayo and a side of coleslaw.  
£6

**Chilli Chicken Wrap**  
Warm strips of chilli chicken, guacamole, chilli mayo in a warm wrap.  
£7

**Prime Rib Wrap NEW!**  
Warm strips of succulent prime rib meat with salad and mustard mayo in a warm wrap.  
£8

**Smoked Salmon on Toasted Brioche**  
with cream cheese, dill, cucumber and cress.  
£9

**Goats Cheese Crostini (V)**  
with rocket, ratatouille of vegetables and black olive tapenade.  
£6

**Road Side Sliders NEW!**  
3 Bite sized burgers with different toppings, served with pickles and ketchup. A great way to sample our delicious burgers.  
£6

**STARTERS**

- Grill Room Platter**  
Duck Rolls, Scampi Tempura, Bang Bang Chicken. Nacho Plate (can change daily)  
For 2 £12 For 4 £20
- Dundrum Bay Prawn Cocktail (G)** £6  
Succulent Dundrum Bay prawns with house made marie rose sauce and stone-ground wheaten bread.
- Half Slab 'Baby Back' Ribs** £6  
Slow cooked, fall off the bone ribs.
- Homemade Duck Rolls** £6  
With sweet soy, anticusto and pickled ginger salad.
- Irish Smoked Salmon (G)** £8  
Wafer thin Irish smoked salmon served with a caper and tomato dressing, mixed leaves and stone-ground wheaten bread.
- Bang Bang Chicken (N)** £6  
Wok tossed, lightly battered chicken breast, with stir fried vegetables and mixed leaves.
- Nacho Plate (V)** £5  
With cheese, jalapenos, salsa and sour cream.
- Field Mushrooms on Toasted Brioche (V)** £6  
With parsley garlic butter, rocket and shaved parmesan.
- Chicken Satay (N)** small £6 large £12  
Succulent pieces of chicken served over a seasonal Asian salad with a peanut butter and coconut sauce.
- Bread selection** £4  
With olives and oils.

**STEAKS**

- Peppered Rump Steak** £13  
Full flavour. A little less tender, served with French fried onions and peppercorn sauce.
- 'T-Bone' 16oz** £20  
The Big One! Fillet and Sirloin in one, with béarnaise sauce and French fried onions.
- Rib Eye 10oz** £15  
Char-grilled. Excellent flavour served with French fried onions.
- Fillet 8oz** £22  
Beef tenderloin. Tender and fat free. Grilled with flat mushroom and plum tomato.
- Sirloin Steak 10oz** £16  
Char-grilled aged prime entrecote with an edging of fat, served with onion rings and grilled tomato.
- Add a Grilled Prawn Skewer to any steak.** £3
- All steaks are seasoned with Malden Sea Salt and Cracked Pepper**
- Choose a sauce or butter to accompany your steak** £1
- Sauces:** Béarnaise, Peppercorn, Diane, Onion Gravy
- Butters:** Garlic, Herb and Lemon

**HANGER KEBABS**

- Mixed Grilled (G)** £15  
Chorizo sausage, chicken, pork and beef kebab served over egg, bacon, grilled tomato, mushroom and sautéed mushrooms
- Grilled Chicken** £12  
Pieces of succulent chicken, mushroom, peppers and onion. Served over chilli noodles.
- Beef NEW!** £16  
Chunks of juicy sirloin and rump steak, char-grilled to medium well and served over diced garlic potatoes with a dollop of sour cream.
- Chargrilled Vegetable (V) NEW!** £8  
Chunky marinated seasonal vegetables with oregano and lemon, grilled and served over a bed of chilli noodles.

**VEGETARIAN**

- Vegetarian Thai Noodle** £8  
Fresh noodles and wok fried vegetables with chilli garlic sauce.
- Vegetable and Potato Croquettes** £8  
Rolled in herb crumbs, with mushroom cream sauce.
- Vegetarian Pasta** £8  
Roasted seasoned vegetables with herbs and pasta in a rich cream sauce.

**THE GRILL ROOM BURGERS**

- Classic Burger** £7  
Ground prime beef with cheddar, tomato, lettuce, cucumber, crispy onions and relish.
- Hickory Burger** £8  
Prime ground beef, maple bacon, cheddar, tomato, lettuce, cucumber and crispy onions with smokey BBQ sauce.
- Texas Burger** £7  
Ground prime beef, cheddar cheese, tomato, lettuce, cucumber and crispy onions with firehouse chilli.
- The Stilton Burger** £9  
Ground prime beef with melted stilton, mushrooms, lettuce, tomato and cucumber.
- The Grill Room Chicken Burger** £9  
Sliced whole chicken breast, iceberg lettuce, beef tomato, cheddar cheese and mayo with a side of coleslaw.

**MAIN SALADS**

- Chinese Chicken Salad NEW!** £8.50  
Sliced chicken breast, lettuce, onions, crisp wontons, bean sprouts, orange and sesame seeds tossed in our Chinese plum dressing.
- Caesar Salad (V)(G)** £6  
Crisp romaine with reggianno, rustic croutons and Caesar dressing.  
Add **chicken or shrimp.** £9
- The Club Salad** £8  
Succulent chicken pieces, maple bacon, avocado and house-made croutons.
- Goat's Cheese (v) NEW!** £8  
Warm flakes of goats cheese with mesclun leaves, balsamic dressing and sun blushed tomatoes.

**MAINS**

- Honey Mustard Marinated Grilled Salmon NEW!** Market Price  
Fillet of Salmon marinated in honey, mustard and soy, served over chilli noodles
- Scampi & Chips** £10  
Battered scampi and rough cut fries, with house-made chunky tartar sauce.
- Fish & Chips** £12  
newspaper wrapped, with rough cut fries and home made chunky tartar sauce.
- Pan Fried Sea Bass** Market Price  
With spicy noodles and curry oil, seasoned with Malden Sea salt and ground pepper.
- Moules Frites NEW!** £11  
Steamed mussels in a garlic and white wine cream sauce served with crusty bread and delicious golden skinny fries.
- Homemade Pie of the Day** £9  
Served with rough cut fries and mashed root vegetables.
- Thai Noodle (spicy)**  
Stir-fried vegetables with phuck phuck sauce. prawn £13  
Your choice of beef, chicken or prawns. beef/chicken £11
- Knife & Fork Baby Back Ribs** £12  
Slow cooked, fall off the bone ribs with barbeque sauce and coleslaw.
- Bang Bang Chicken (N)** £11  
Wok tossed, lightly battered chicken with stir-fried vegetables and phuck phuck sauce, served on mixed leaves.
- Southern Style Ranch Chicken NEW!** £11  
Breaded chicken breast with a spicy BBQ sauce served on peppers, onions and corn.
- Roast Breast of Chicken NEW!** £13  
Compete dish of succulent breast of roast chicken served with buttery champ, rich pan gravy, stuffing, garden peas and mashed root vegetables.

**SIDES**

- Rough Cut Fries £3
- Skinny Fries £3
- Garlic Potatoes £3
- Spicy Wedges £3
- Champ £3
- Potato Salad £3
- French Fried Onions £3
- Sautéed Mushrooms £3
- Mashed Root Vegetables £3
- Coleslaw £3
- Green Beans with Sesame £3
- Caesar Salad £3
- Corn on the Cob £3
- Rocket and Parmesan Salad £3
- Nice wee salad £3
- Garlic Mayo £1

All meat weights denoted are un-cooked.  
(N) denoted dishes which contain nuts or traces of nuts.  
(V) denotes dishes which are vegetarian.  
(G) denotes Gluten Free. Some dishes are served with wheatenbread and battered items which are not gluten free but may be excluded from your order.

Due to the presence of nuts in our ingredients there is a small possibility that nuts traces may be found in any of our items.  
All prices are in pounds and inclusive of VAT.  
There is a discretionary 10% service charge for parties of 6 or more.

All steaks are NI reared and hung for a minimum of 21 days.

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